

Parent Consultation

\$35

A consultation of up to 50 minutes is often the first step for parents who want to help ease the challenges of parenting and raise more responsible kids. In this one-time consultation, parents will meet with a youth and family specialist who will help identify the family's issues and needs. Parents will leave with a plan that includes various options and resources to help them reach their parenting goals.

Youth & Family Assessment

\$150

An assessment allows a YouthZone youth and family specialist to gather information to provide recommendations for an individualized, comprehensive program to meet the needs of both youth and family. Five basic areas are assessed: decision making skills, delinquent behavior, pro-social skills, self-esteem and substance abuse.

Interpreter

\$20 / hour

Interpreters can be included in any session, but the client is responsible for the cost of the interpreter. For a court assessment, an interpreter is included in the program cost.

Coaching and Counseling

Parent Coaching

\$65 / hour

YouthZone staff have years of experience working with parents who want to find practical solutions to parenting challenges. YouthZone staff can help parents deal with an immediate issue or with a broader range of behaviors. YouthZone supports parents with fast, effective strategies that focus and build on a parents' individual strengths. Parent Education is goal-oriented, judgment-free, encouraging and empowering. Available over the phone or in any YouthZone office.

Individual & Family Counseling

\$85 / hour

YouthZone's experienced staff works with youth, parents and families to provide an assessment of identified issues, concerns and needs. A variety of counseling techniques are used.

Family Mediation

\$85 / session

Family mediation provides assistance for families that are experiencing internal conflict they are unable to resolve. Usually 1 to 3 sessions are required.

Phone Help Card

\$60

The phone card puts YouthZone only a phone call away when you need help. The card provides 60 minutes of phone assistance from YouthZone during regular office hours.

Parent Education

Redirecting Children's Behavior Love and Logic Parenting Parenting Teens Through Moods and Attitudes

\$165 / individual

\$190 / couple

YouthZone parent classes focus on teaching parents practical skills for raising cooperative and respectful children. Parents will learn how to resolve conflicts, establish healthy control without resorting to anger, and how to troubleshoot future problems. The class atmosphere is supportive, non-judgmental and fun. Prices include workbooks.

Parenting Through Divorce

\$80 / 3-4 hour session

An introductory parenting course that teaches former spouses how to communicate, how to co-parent in different households, and how to lay a foundation for a great relationship with your kids. YouthZone is a certified provider of the Parenting Through Divorce class required by the Ninth Judicial Court District (Aspen to Meeker). Courses are offered on a regular basis throughout the Roaring Fork Valley.

Other Parent Education Opportunities

YouthZone can provide parent education courses on a variety of topics. If you have a specific topic, call us. Cost will vary depending on the course offered.

Mentoring

Pals Mentoring

\$45

The Pals mentoring program connects adults and older teen volunteers to serve as mentors to youth between the ages of 6 and 16 years.

Groups

Drug/Alcohol Education

\$150

A 6-week group designed to provide the most current information on alcohol and other drugs that teenagers are exposed to in today's world. Appropriate for youth 13 to 18 years of age who are at the experimental stages of drug use.

Girls Circle and Boys Council

\$150

These gender specific groups are designed to offer adolescent girls/boys a solid pathway toward healthy identity development by recognizing strengths and capabilities, challenging stereotypes, questioning unsafe attitudes and encouraging solidarity through personal and collective responsibility.

Other

Contact YouthZone

YouthZone offers a variety of group curriculum tailored to meet specific needs designed to help young people make healthy life choices. (i.e. grief and loss, bullying, etc). Have a need? Call us.

Community Justice

Restorative Justice

\$150

This provides a format for a youthful offender to face and apologize to his/her victim. A plan is developed for the youth to make things right with the victim and community. (assessment included)

Presentations

Contact YouthZone

YouthZone staff can offer presentations or workshops on a variety of topics, i.e. youth issues, parenting, employee and organization development. Have a need? Call us.

Court Services - provided for juveniles in the criminal justice system. Available by court referral.

Court Assessment

Youth assessment, recommendation to the court, overseeing of court ordered requirements, exit interview with the family, final report to the court.

Deferred Sentencing

Deferred sentencing options are provided at municipal and county court levels. The purpose of the program is to provide intervention services to youth with a final outcome of having the charges against the youth dismissed.

Diversion

A district court level option. Diversion is designed to prevent first time and low-level juvenile offenders from entering the Juvenile Justice System.

Case Management

On-going monitoring of and assistance to a young person as he/she works on completing his/her personal program through the court.

SB-94 Services

Screening, case management and tracking services for youth who are at a district court level. The goal of the program is to provide an alternative to detention.

Useful Public Service (UPS)

An orientation course includes expectations of the youth while at a UPS site as well as assistance with finding a place to do useful public service. Case management of a youth's hours and a written report to the court are included.